

## ValuUp x LOHAS Organic Farm Trip



### Itinerary

Thank you for signing up to the LOHAS Organic Farm Trip. You'll enjoy an all-day tour to the LOHAS Organic Farm with an English speaking guide, including:

- **11am** – Meet at LOHAS Organic Farm (see directions below)
- **11:15am** - Introduction to organic farming and environmental protection. This followed by the LOHAS Farm Tour with hands-on organic farming session
- **12 noon** - Big Bowl vegetarian feast
- **1:30pm** - Roselle Jelly introduction and tasting
- **2pm** - Photo time and vegetable picking at organic market. Pay for vegetables directly. Customers can remain at their leisure or talk to staff about farmland renting.
- **3pm** – Tour ends

### Directions

Meet at 11am at LOHAS Organic Farm. From Sheung Shui Station, take the 57K Mini Bus to Tong Kung Leng, Cheung Lek Village, then walk for two minutes to the farm. View the instructions as below or online at <http://vegan.hk/route/route.html>

1. Railway Station  
上水火車站



2. Exit A direction  
A 出口



3. Exit A3 escalator  
A3 出口電梯



4. Crossing to MiniBus station  
班馬線往小巴士站



5. MiniBus station  
小巴士站



6. Mini Bus station  
小巴士站



7. Mini Bus 57K to Tong Kung  
Leng  
57K 小巴往唐公嶺



8. Fan Kam Road, Lin Ton Mei Tsuen, Wing Cheong Tea House.  
粉錦公路，蓮塘尾村，榮昌茶座



9. Lin Ton Mei Tsuen,- Direction Sign  
蓮塘尾村- 指示牌



10. Cheung Lek, Tong Kung Leng –  
Direction Sign  
唐公嶺, 長瀝 – 指示牌



11. Bridge No.5 Sheung Yue River  
雙魚河 5 号橋



12. GET OFF at Cheung Lek village terminus  
終點長瀝村下車



13. Path to Lohas Organic Farm (1 min walk)  
往樂活有機農場小路 (行 1 分鐘)



14. Lohas Organic Farm Entrance  
樂活有機農場入口

